

Frequently asked questions

What is medication adherence?

When a person follows the direction of their doctor for taking their prescribed medication.

What do you mean by adherence in medical terms?

Sticking to" or "being committed to" the direction of your healthcare provider.

What is the difference between medication adherence and compliance?

These words can be used synonymously, but there is a subtle difference between the two. Compliance means to follow (or comply with) a doctor's recommendations for dosing. This term may seem harsh, and therefore, is often used interchangeably with adherence in medical literature.



Questions?

We're here to help. Please call the Moda Health Pharmacy Customer Services team toll-free at 888-361-1610 . TTY users, please call 711.